

# May 2025

| Monday                           | Tuesday                        | Wednesday                                                                               | Thursday                                                       | Friday                                          |
|----------------------------------|--------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------------|-------------------------------------------------|
|                                  |                                |                                                                                         | 1<br>How to make a variety of cheese melts 1-2pm               | 2<br>Trivia and smoothies                       |
| 5<br>Appointments only           | 6<br>Stamp Art                 | 7<br>Let's move our body/<br>TAY Talks Group 3-4pm                                      | 8<br>Let's Learn how to make an acai bowl 1-2pm                | 9<br>Design your own art on your favorite shirt |
| 12<br>Appointments only          | 13<br>Card games and Karaoke   | 14<br>Let's move our body/<br>TAY Talks Group 3-4pm                                     | 15<br>Farmers Market pickle making 10:30-12pm Sign up required | 16<br>Mental health art activity                |
| 19<br>Appointments only          | 20<br>Tie Dye Day              | 21<br>Let's move our body/<br>TAY Talks Group 3-4pm                                     | 22<br>Let's learn to make Fried Rice 1-2pm                     | 23<br>Downtown walk to Cold Stones 1-2pm        |
| 26<br>Memorial Day Office Closed | 27<br>Music and Jornal writing | 28<br>TAY Talks Group 3-4pm/ Pickleball Outing at Mcinnis Park 12-1pm, Sign up required | 29<br>How to make chocolate chip cookies 1-2pm                 | 30<br>Raffle and Ping Pong                      |



Transitional Aged Youth 16-25  
810 5 TH Ave, San Rafael Ca 94901  
(415)747-7880 for questions

\*DROP-IN OPEN Tues-Fri 12pm-4pm

\*DROP-IN CLOSED on scheduled outings

\*Appointments available Monday

\*Translation available upon request

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| Monday                                              | Tuesday                            | Wednesday                                                       | Thursday                                                                                         | Friday                                             |
|-----------------------------------------------------|------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------------------------------------------------|----------------------------------------------------|
|                                                     |                                    |                                                                 | 1<br>Como hacer una variedad de quesos derretidos 1-2pm                                          | 2<br>Trivia y batidos                              |
| 5<br>Solo citas                                     | 6<br>Arte de sellos                | 7<br>Vamos a mover nuestro cuerpo/<br>Grupo de TAY Talks 3-4pm  | 8<br>Aprendamos a hacer modelos de acai 1-2pm                                                    | 9<br>Disena tu propio arte en tu camiseta favorita |
| 12<br>Solo citas                                    | 13<br>Juegos de cartas y Karaoke   | 14<br>Vamos a mover nuestro cuerpo/<br>Grupo de TAY Talks 3-4pm | 15<br>Mercado de agricultores elaboracion de encurtidos, de 10:30-12pm. Es necesario registrarse | 16<br>Actividad artistica de salud mental          |
| 19<br>Solo citas                                    | 20<br>Dia del Tie Dye              | 21<br>Vamos a mover nuestro cuerpo/<br>Grupo de TAY Talks 3-4pm | 22<br>Aprendamos a hacer arroz frito 1-2pm                                                       | 23<br>Paseo por el centro hasta Cold Stones 1-2pm  |
| 26<br>La Oficina del Dia de los Caidos esta cerrada | 27<br>Musica y escritura de diario | 28<br>Grupo de TAY Talks 3-4pm                                  | 29<br>Como hacer galletas con chispas de chocolate                                               | 30<br>Rifa y Ping Pong                             |



Jóvenes en edad de Transición de 16 a 25 años

810 5 TH Ave. San Rafael Ca 94901

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\*DROP-IN ABIERTO de martes a jueves de 12 pm-4 pm

\*DROP-IN CERRADO en salidas programadas

\*Citas disponibles de lunes a viernes

\*Traducción disponible bajo petición