

# January 2026

| Monday                                         | Tuesday                                  | Wednesday                                                      | Thursday                         | Friday                        |
|------------------------------------------------|------------------------------------------|----------------------------------------------------------------|----------------------------------|-------------------------------|
|                                                |                                          |                                                                | 1<br>Office Closed New Years Day | 2<br>Appointments only        |
| 5<br>Appointments only                         | 6<br>Documentary/<br>Popcorn             | 7<br>What is the Drink Game?<br>*Tay Talks 3-4pm               | 8<br>Slider Making 1-2pm         | 9<br>Goal Setting/ Journaling |
| 12<br>Appointments only                        | 13<br>Candle Making/ Hot Chocolate       | 14<br>20 Questions/Triva<br>*Tay Talks 3-4pm                   | 15<br>Salad bar fun 1-2pm        | 16<br>Money Management Skills |
| 19<br>Office Closed Martin Luther King Jr. Day | 20<br>Affirmation Art/<br>Karaoke        | 21<br>Skittle Art<br>*Tay Talks 3-4pm                          | 22<br>Spaghetti Making 1-2pm     | 23<br>Card Games and Nachos   |
| 26<br>Appointments only                        | 27<br>The Comfort of Tea/<br>Sensory Art | 28<br>Movie Theatre Outing<br>TBD on movie<br>*TAY Talks 3-4pm | 29<br>How to make pizza 1-2pm    | 30<br>Raffle/ Who Am I Game   |



Transitional Aged Youth 16-25  
 810 5<sup>th</sup> Ave, San Rafael Ca 94901  
 (415)747-7880 for questions  
 \*Drop-in open Tues-Friday 12pm-4pm  
 \*Drop-in Closed on scheduled outings  
 \*Appointments available Monday  
 \*Translation available upon request

# Enero 2026

| Monday                       | Tuesday                                             | Wednesday                                            | Thursday                                                               | Friday                                                         |
|------------------------------|-----------------------------------------------------|------------------------------------------------------|------------------------------------------------------------------------|----------------------------------------------------------------|
|                              |                                                     |                                                      | 1<br><b>La Oficina<br/>permanecera cerrada<br/>el Dia de Ano Nuevo</b> | 2<br><b>Solo citas</b>                                         |
| 5<br><b>Solo citas</b>       | 6<br>Palomitas de maiz<br>documentales              | 7<br>Que bebida es?<br>*Tay Habla 3-4pm              | 8<br>Fabricacion de<br>deslizadores 1-2pm                              | 9<br>Establecimiento de<br>objetivos/escritura<br>de un diario |
| 12<br><b>Solo citas</b>      | 13<br>Fabricacion de<br>velas/chocolate<br>caliente | 14<br>20<br>Preguntas/Curiosidad<br>*Tay Habla 3-4pm | 15<br>Barra de ensaladas<br>divertida 1-2pm                            | 16<br>Habilidades de<br>gestion del dinero                     |
| 19<br><b>Oficina Cerrada</b> | 20<br>Arte de<br>afirmacion/Karaoke                 | 21<br>Arte de bolos<br>*Tay Habla 3-4pm              | 22<br>Elaboracion de<br>espaguetis 1-2pm                               | 23<br>Juegos de cartas y<br>nachos                             |
| 26<br><b>Solo citas</b>      | 27<br>La comodidad del<br>te/ arte sensorial        | 28<br><b>Salida al cine TBD</b><br>*Tay Habla 3-4pm  | 29<br>Como hacer pizza 1-<br>2pm                                       | 30<br>Sorteo/Juego Quien<br>soy yo?                            |



Jovenes en edad de transicion de 16-25 anos  
 810 5<sup>th</sup> ave, San Rafael, CA 94901  
 415-747-7880 para preguntas  
 \*Cita abierta de Martes a Viernes de 12pm a 4pm  
 \*Cita cerrada durante las salidas programadas  
 \*Citas disponibles los Lunes  
 \* Servicio de traduccion disponible a solicitud