# November 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2<br>Q-Tip Painting | 3<br>Candy Corn Race | 4<br>Coffee Shop walk<br>Tay Talks 3:15 | 5<br>Fall Cooking 1-2pm | 6<br>How to cope with Holiday Stress |
| 9<br>Gem Art | 10<br>Gratitude Chain | 11<br>Potato Musical Grab<br>Tay Talks 3:15 | 12<br>Fall Cooking 1-2pm | 13<br>Coping Skills for Social Anxiety |
| 16<br>Pipe Cleaner Art<br>Drop-in Open at 12pm | 17<br>Movie Theatre Outing<br>Movie TBD | 18<br>Thanksgiving Gathering 1-3pm<br>Tay Talks 3:15 | 19<br>Fall Cooking 1-2pm | 20<br>Boba Walk 1-2pm |
| 23<br>Documentary | 24<br>Card Games/ Raffle | 25<br>Staff Training<br>Office Closed | 26<br>Thanksgiving Day<br>Office Closed | 27<br>Office Closed |
| 30<br>Jar Painting | | | | |

SIDE BY SIDE™

Transitional Aged Youth 14-30
810 5th Ave, San Rafael Ca 94901
(415)747-7880 for questions
*Drop-in open Mon,Tue,Thu and Friday 10am-5pm
*Wed 12pm-5pm
*During outing hours drop-in will be closed

# Noviembre 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2<br>Pintura con hisopos | 3<br>Carrera de maiz | 4<br>Caminata a la cafeteria/ TAY Talks 3:15pm | 5<br>Cocina de otono 1-2pm | 6<br>Como lidiar con el estres de las fiestas |
| 9<br>Arte con gemas | 10<br>Cadeba de gratitude | 11<br>Juego de la papa musical<br>TAY Talks 3:15pm | 12<br>Cocina de otono 1-2pm | 13<br>Habilidades de afrontamiento para la ansiedad social |
| 16<br>Arte con limpiapipas/Abrierto sin cita previa a las 12pm | 17<br>Salida al cine- Pelicula por definer | 18<br>Reunion de Accion de Gracias 1-3pm<br>TAY Talks 3:15pm | 19<br>Cocina de otono 1-2pm | 20<br>Caminata port e de burbujas 1-2pm |
| 23<br>Documental | 24<br>Juegos de cartas/Rfia | 25<br>Capacitacion del personal- Oficina cerrada | 26<br>Dia de Accion de Gracias- Oficina cerrada | 27<br>Oficina Cerrada |
| 30<br>Pintura de frascos | | | | |

SIDE BY SIDE™

Jovenes en edad de transicion 14-30
810 5th Ave, San Rafael Ca 94901
(415)747-7880 para preguntas
*Centro de acceso libre (Drop-in) abrierto Lunes, Martes, Jueves y Viernes 10am-5pm
*Miercoles 12pm-5pm
*Durante el horario de salidas fuera del centro el centro estara