



Coronavirus Impact on Side by Side Programs

March 20, 2020

With shelter-in-place restrictions for all of California now in place, life has become challenging and stressful for everyone in our state. Shutdowns, lay-offs and slowdowns are negatively impacting so many of our friends and loved ones. At Side by Side, as a provider of essential social services, we are endeavoring to offer the maximum assistance that we can to the vulnerable young people we serve and our larger community.

We absolutely support all efforts to reduce the impact of this pandemic to the greatest extent possible. We are getting a tremendous amount of support from the California Alliance of Child and Family Services and are researching initiatives at both state and federal levels to further help clients and staff. We have also started a Client Relief Fund to help pay for counseling services and basic human needs for our clients and invite our community to contribute online at SidebySideYouth.org/donate.

Side by Side is doing the utmost we can to minimize the spread of the COVID-19 virus, while meeting the needs of our clients and their families.

- To the fullest extent possible, we are maintaining continuity of service for our clients through phone or video sessions and electronic educational instruction. **In-person meetings with clients at their home or at our offices will only be offered if absolutely necessary. In any case where a client or family member is ill, phone or video sessions will be used in place of in-person visits.**
- Our staff and clinicians are all following the California Department of Public Health and CDC recommendations including hygiene, social distancing, and staying home when sick.
- Office locations are cleaned throughout the day and extra cleaning has been scheduled for all locations.
- All administrative staff able to work remotely are doing so and all non-essential in-person meetings have been suspended through April 10. Community events before May 16 have been canceled or postponed.

Due to differences in our program services, please note the following program-specific information about closures and services provided:

- **Community Counseling** – Marin, Alameda, Sonoma, and Napa clients are being served through phone, video or in-person visits if phone/video sessions are not feasible. Sonoma's previously school-based clients were referred for office or video-based services.
- **Irene M. Hunt School** – Hunt School will be closed for onsite instruction through mid-April. Individualized online learning is available remotely to all students with internet connections. For students without internet access, teachers are providing a weekly hard copy package are being delivered to the student. Therapeutic services are continuing via phone sessions complimented by remotely accessed video instruction.
- **Our Space** – Clients are being served primarily via phone and video sessions. The Community Center drop-in hours on Wednesday afternoons are suspended until at least April 10. The Queer Love Youth Pride youth cabaret performance scheduled for April 10 will be postponed for a later date. Please check the Our Space Facebook page (@ourspacebyside) for more information.
- **Real Alternatives** – Youth are being supported via phone sessions or in-person visits by their Clinical Case Managers and Youth Specialists. All youth have been educated on hand hygiene and limiting their time in crowded public spaces.
- **TAY Space** – All full-service clients are being served via phone or in-person visits. The TAY Space drop-in center has been closed during the shelter-in-place restrictions. Youth should call the office at 415-870-9298 if they need food, support, or housing and we will meet their needs through other means.
- **YouThrive** – YouThrive group sessions are suspended until schools in Sonoma and Marin re-open. YouThrive staff are reaching out individually to group participants to check in while schools are closed. All spring break trips and SavUp CrossFit workouts for our youth are cancelled until further notice.

For frequent updates on local information, resources and guidelines related to coronavirus, I encourage you to visit your local county resource page:

- Marin County: <https://www.marinhhs.org/coronavirus>
- Alameda County: <http://www.acphd.org/2019-ncov.aspx>
- Sonoma County: <https://socoemergency.org/emergency/novel-coronavirus/>

While this pandemic changes every day, please know Side by Side will continue our unwavering commitment to the young people we serve. In the meantime, do what you can to manage your own stress and anxiety. Turn off the TV, get offline, take a break. Don't forget to wash your hands and remember how important we all are to each other!